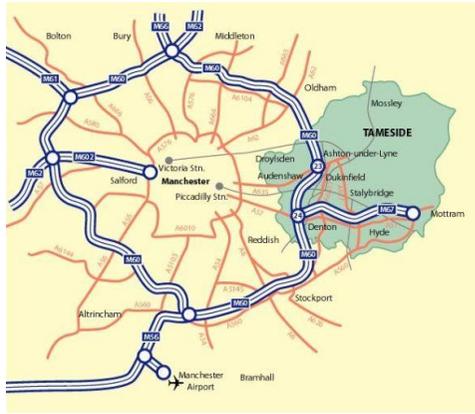


**Directions to St Matthew's, Dean Street, Stalybridge SK15 2JD**



**By car**

From M60 ring road, exit Junction 23 towards Ashton-u-Lynde and follow A635 to Stalybridge centre.

**Parking**

Melbourne Street parking at SK15 2JJ (3 minutes away, £2 for day)  
 Castle Street No.2 at SK15 1NX (5 minutes away £1 per day).  
 Tesco is very near but restricted parking (2 hours only)

**Train**

The trans Pennine express stops at Stalybridge and there are regular trains from Manchester. The station is 10 minutes walk away.

**Bus**

There are a number of buses going to Stalybridge (216, 219, 221, 387, 389, 408). The bus station is 5 minutes away.

**Image:** [www.imagenet.org.uk](http://www.imagenet.org.uk) and [www.pregnancyhelpline.co.uk](http://www.pregnancyhelpline.co.uk) Charity 1141832

**image's Counselling Skills (Post-abortion/ Child Loss) Course**



**Step by Step Support Programme**

<b>Stepping in</b>	1	Exploring the programme
	2	Expanding the story
	3	Expressing the feelings
<b>Stepping round</b> <i>the whirlpool</i>	4	Anger
	5	Shame
	6	Blame
<b>Stepping down</b>	7	Grief
<b>Stepping up</b>	8	Forgiveness
<b>Stepping out</b>	9	Entrusting the past
	10	Embracing the future

## About the course

**Aims:** *Image's* Step by Step training course is designed to equip those wanting to facilitate *image's* Step by Step Programme with clients (in particular, Christian pregnancy centre workers and others in relevant pastoral or professional roles). The Step by Step programme is for use with clients following abortion, miscarriage, stillbirth, Sudden Infant Death Syndrome, child loss or child separation, where the loss is not immediate (i.e. it was at least 3-6 months ago). The training takes trainees on their own journey through the ten steps of the Step by Step Programme.

**Ethos:** *Image* is a Christian charity that 'values people from beginning to end': we value the client at whatever stage of life s/he is at and we also value the loss(es) at whatever stage of development and growth. The course reflects these values.

**Structure:** The course is divided into four days, one each month (32 hours contact time). The days consists of tutor presentations, personal and group interactions, role-plays and feedback. (each covering eight hours, 32 hours in total), with required reading and extended work (28 hours, at least 2 hours per week). There are 28 hours of home study consisting of three written assignments and reading (a minimum of two books).

**Status:** The course is recognised by Open Awards at levels 2 and 3 as a 60-hour course (6 unit credits) in *image's* counselling skills (Post-abortion and Child Loss). *Image* is also a training member of the Association of Christian Counsellors (since 2001) and a recognised centre for Open Awards (since 2000). We are quality reviewed by Open Awards each year and the course runs with our own Authorised Internal Verifiers (AIVs).

**Tutors:** The course is run by a team of tutors and each learner will be in a tutor group where they will be able to receive regular help and feedback. Any comments about the course can be fed back through the tutors.

*Please note that completing the Step by Step training does not automatically qualify you to work in a pregnancy centre. Volunteering is subject to the policies and procedures of individual centres.*

## Course details for Manchester 2017

### Dates

DAY 1 - Saturday 22 April  
DAY 2 - Saturday 13 May  
DAY 3 - Saturday 17 June  
DAY 4 - Saturday 8 July

*You will need to attend each of the four days. Deferring days could incur another registration fee of £25.*

### Time

9.30am - 5.30pm

### Venue

St Matthews, Dean Street, Stalybridge SK15 2JD  
**See map on back for directions.**

### Cost

£40 non-returnable deposit (inclusive of manual);  
£40 to be paid on Days 1, 2 & 3. Total cost = £160.

*If you work for image **or** you have already completed post-abortion training and you do not require a certificate, please contact the office for an amended rate:*

### Food

Do bring a packed lunch each training day. Alternatively there are shops and fast food outlets nearby. Refreshments will be provided.

### Forms

Application forms to be returned by **April 18 to Image office, 1st Floor, 110 Oldham Road, Manchester M4 6AG**  
**Tel: 0161 273 8090 Email: office@imagenet.org.uk**

### Reading

There is no requirement for pre-course reading. A Season to Heal by Freed and Salazar (Word UK Ltd, 1993) has been used with permission in the writing of Step by Step so is recommended reading.